

TRICARE BENEFICIARIES!

TRICARE Mid-Atlantic is changing...

**Starting July 1, 2004,
contact TRICARE Hampton Roads
for your military health care needs**

★ Ft Eustis

★ Ft Lee

★ Naval Medical Center Portsmouth

★ Langley AFB

(clip & save portion below dotted line)

**For appointments and other TRICARE
information, call our new number:**

1-866-MIL-HLTH

(1-866-645-4584)

List your Primary Care Manager and other
important phone numbers below:

| | |
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